

PROPOSED INTERIOR WORK OF "SAI BABA EDUCATIONAL CAMPUS" AT GAT NO. : 183, NIMGAON KORHALE, TAL. : RAHATA, DIST. : AHMEDNAGAR.  
FOR SHRI SAI BABA SANSTHAN TRUST SHIRDI.

SPORT COMPLEX BOQ					
Sr. No	Description	Quantity	Unit	Rate	Amount
<b>CIVIL WORK ATHLETIC &amp; FOOTBALL Ground</b>					
1	Crusher Run Macadam Base -- Providing crushed stone aggregate, depositing on a prepared surface by hauling vehicles, spreading and mixing in place method, watering and compacting with a vibratory roller to clause 410 to form a layer of sub-base/Base -- By Mixing in place Method for 53 mm maximum size	865	Cum		
2	Prime coat - Providing and applying primer coat with bitumen emulsion on prepared surface of granular Base including cleaning of road surface and spraying, primer at the rate of 0.60 kg/sqm using mechanical means.	5764	Sqm		
3	Providing and applying tack coat on the prepared surface heating by fumes in Boiler and spraying bitumen set footed in bitumen boiler on B.T. surface 2.5 kg/10 sqm.VG-30 bulk bitumen.	5764	Sqm		
4	Providing 50 mm thick semi grout bituminous treatment including supplying all materials , preparing the existing road surface,applying tack coat @ 0.735 kg / sqm and laying the required thickness of metal layer, heating and spraying bitumen of specified Grade at the rate of 2.75 kg / sqm , spreading chips and laying seal coat of specified Grade of bitumen of 1.25 Kg/sqm and compacting , making the surface good etc. complete - 50 MMTHICK Semi-grout	5764	Sqm		
5	BITUMINOUS MACADAM: Proving and laying bituminous macadam Strictly As per IAAF Guidelines under the supervision of synthetic track manufacturer representative/ engineer using crushed aggregates of Grading 2, premixed with bituminous binder, transported to site with VTS , laid over a previously prepared surface, with paver finisher equipped with electronic sensor to the required grade, alignment and level by special lazer equipment finished to the required grade, level, alignment, and rolling to achieve the desired compaction for 80 mm compacted thickness with 3.4 % VG-30 Bitumen. -- USING 80 TPH Batch mix type hot mix plant with SCADA, Sensor Paver, Intelligent Compactor with compaction analyzer and VSat attachment	470	Cum		
6	BITUMINOUS CONCRETE:- Providing and laying bituminous concrete, Strictly As per IAAF Guidelines under the supervision of track manufacturer representative/ engineer, using crushed aggregates of grading 2, premixed with bituminous binder @ 5.20 per cent by weight of total mix and filler, transported to site with VTS , laid over a previously prepared surface, laying with paver finisher equiped with electronic sensor to the required grade, alignment and level by special lazer equipment and rolling with smooth wheeled, vibratory and tandem rollers finished to the required grade, level, alignment, and rolling to achieve the desired compaction for 25 mm compacted thickness with VG-30 Bitumen,Excluding prime / tack coat. For Bitumen VG-30 bulk -- USING 80 TPH Batch mix type hot mix plant with SCADA, Sensor Paver, Intelligent Compactor with compaction analyzer and V-Sat attachment with Stone Dust filler.25 MM THK BITUMEN CONCRETE	150	Cum		
7	EXTERNAL STORM WATER DRAIN - Constructing drain as per drawing ( including the PCC base ) excluding cost of cover but placing 0.45 m x 0.060m the same design and sample to be first got approved having a slope of Max. 1:300 to 1:400 minimum of Reinforced cement concrete 1:2:4 (1 cement : 2 coarse sand : 4 Stone aggregate of 12.5 mm nominal size) & inside surface plastered smooth with neat cement finish, along with side of the Synthetic Hockey Surface, where not provided or at the sides where extension of the Hockey Surface has been done including connection of the drain with the main drainage system for ensuring easy drainage of water.	360	Mtr		
8	Providing and fixing factory made precast RCC perforated drain covers, having concrete of strength not less than M-25, of size 750 x 450x50 mm, reinforced with 8 mm dia four nos longitudinal & 9 nos cross sectional T.M.T. hoop bars, including providing 50 mm dia perforations @ 100 to 125 mm c/c, , all as directed by Engineer-in-charge.	480	Nos.		
9	Construction of granular sub-base by providing close graded Material, mixing in a mechanical mix plant at OMC, carriage of mixed Material to work site, spreading in uniform layers with on prepared surface and compacting with vibratory power roller to achieve the desired density, complete as per clause 401 -- Plant Mix Method and Grading - I Material. 150mm thk.GSB LAYER GRADING -1 Materials	1180	Cum		

Sr. No	Description	Quantity	Unit	Rate	Amount
10	Construction of Catch Basins connected to Drain pipes of dimensions 1M x 1M x 1M of reinforced cement concrete M-20 grade	20	Nos		
	<b>CIVIL WORK volleyball/tennis/basketball/cricket Ground</b>				
11	<b>Chain Link Fencing</b>	774	Sqm		
	Providing & Fixing factory made chain link fencing with powder coated /PU Painted steel special connector ,it includes $\phi$ 76 mm (OD) 2 mm thick Green powder coated /PU Painted factory finished post vertical post fixed on embedded 400 x400 x600 mm reinforced concrete foundation or fastening with anchor fastener on reinforced concrete wall at 4 mtr center to center distance, $\phi$ 60 mm (OD) 2 mm thick HORIZONTAL post , Horizontal post should be factory finished Green powder coated PU Painted installed at Top and Bottom location with the help of special connectors. 2.4-2.5 mm thick PE coated galvanized steel chain link fence fabric mesh of size 50 mm X 50 mm x 4 mtr , fixed to vertical post and Two horizontal post with the help of 3 mm thick extruded Aluminum flat with green powder coated PU Painted finish and self-tapping screw. 3 mm thick special Connectors made from pressed steel and powder coated finish for connecting Vertical and horizontal post by using M12 X 90 bolt at every joint and corner of horizontal and vertical post without welded joints for easy installation and removable. Complete, as per the direction of Engineer in charge.				
12	<b>15 mm thick Athletic Track</b>	1645	Sqm		
	Supply and Installation of IAAF approved, 15mm thick (Full PUR Cast-In-Situ) Synthetic Athletic Track Surface with SmarTrack Technology with Class-II certification by IAAF for Outdoor Running Track of 400m, including marking on the surface as per latest specifications of IAAF. The Installation Contractor shall provide the satisfactory Material Test Certificates from IAAF accredited Laboratory according to latest code of practice of IAAF, and obtain the Class-II certification for the Athletic Track. The Installation Contractor shall follow the Manufacturer's Specifications and Recommendations as regards to curing temperature, time and moisture content in sub strate and weather condition. Approved Manufacturer Make: KONICA (Germany) / PORPLASTIC (Germany) / REKORTAN M 99 (USA) / EPI (Netherlands) Approved Makes for Ingredients: EPDM Granules (TERRA COTA colour) PORPLASTIC GmbH (Germany) / OTS (USA) SBR Granules (Black colour) PORPLASTIC GmbH (Germany) / OTS (USA) / MELOS GmbH (Germany) PU (Polyurethane) PORPLASTIC GmbH (Germany) / ADVANCE POLYMER TECHNOLOGY (USA) / BASF (Germany) All the Ingredient materials shall be approved by the Manufacturer, the installation contractor shall check the quality of all the materials with their shelf life etc. before procurement of the same on Project site. The Manufacturer and Installer shall be approved by The Engineer-In-Charge.				
13	Supply and Installation of FIFA approved <b>Synthetic Football Turf</b> with UV resistant from America, Europe and Australian region only conforming to FIFA Quality Standard as per their Latest Technical Specification FIFA 15. including SBR Rubber granules as per manufacturer's recommended quantities, unloading and staging of rolls, sewing of seams, infilling with appropriate dispensing, spreading and leveling equipment, brushing of fibers with all polly hydraulic controlled equipment, painting of any lines with approved synthetic turf paint. Approved Makes - DOMO / PLAYRITE	3355	Sqm		
14	<b>Cricket Practice Pitch Surface</b>	275	Sqm		
	supply 10 mm thick dense, Knit De Knit polypropylene fibres surfaces cover concrete surface Cricket pitch either permanent or roll out installation. Pile Height 10mm Pile Weight 800 gsm Coating Weight 800 gsm Product Weight 1770 gsm Tuft Gauge 5/16" stitch Rate 32/10cm Pitch area = 3.65M wide X 25 Mtr length X 3 Nos SPIKE TEST as per NF P 90-101 not less than 30,000 cycles of resistance				

Sr. No	Description	Quantity	Unit	Rate	Amount
15	Sport Court Power Game	650	Sqm		
	Supply and Installation of Sport Court Power Game high-Impact Polypropylene Modular Sports Floor System approved by FIBA, IHF and ITF including profile and Game Line Marking. Interlocking, suspended, polypropylene, high-impact, sports surface manufactured from copolymer of proprietary formulation with supportive leg structure and positive locking system with mechanical Lateral Forgiveness. Thickness - 15mm Size of tile – 12” x 12” Weight should not less than 310g Heat Deflection @ 66psi (ASTM D 648): 73°C Auto-ignition Temperature (ASTM D 1929): 570°C CLTE (ASTM D 696): 9.52 mm/mm°C x 10-5 Tensile Yield Strength (ASTM D 638): 3200psi. Federation Approvals: FIBA (Federation International Basketball Association). IHF (International Handball Federation). ITF (International Tennis Federation). FIVB (Federation of International Volleyball) Limited Warranty: 15 Years				
16	Cricket Practice Pitch cage	1	Set		
	THREE BAY SIZE 3.66M WIDE x 28.8 Mtr • 42 mm diameter x 3mm galvanised steel uprights and toprods • 3.66m long toprods complete with 11 net hanging hooks • 450mm deep steel sockets fitted with stabilising base plates • A heavy duty tube clamp is supplied with each upright. • Garware HDPE net 2.5 mm thick				
	<b>ACO DRAIN FOR TRACK</b>				
17	Providing and fixing Drainage Channel System of 125 mm bore slotted Channel manufactured from polyester resin concrete in 1000 mm length, straight, complaint with DIN 18033-3 and IAAF regulations. The channels should be coatable from one side with a abutment rail. Overall Height = 16.0cm, Overall width = 20.0cm, Overall Length = 100.00 cm, Weight = 29Kg ACO( cat Nos 15519) or equivalent.	180	Mtr		
18	Providing and fixing of Glass Reinforced Plastic kerb tops for Slot Channels, straight, with Screw Arrangement for fixing in the Channel and extended edge on one side ACO (cat Nos 00363) or equivalent.	195	Mtr		
19	Providing and fixing Drainage Channel System of 125mm bore slotted Channel manufactured from polyester resin concrete in 1000mm length, curved with 36.5m / 38.00 m radius, complaint with DIN 18033-3 and IAAF regulations. The channels should be coatable from one side with a abutment rail. Overall Height = 16.0cm, Overall width = 20.0cm, Overall Length = 100.00cm, Weight = 29Kg ACO (cat Nos 15525) or equivalent.	230	Mtr		
20	Providing and fixing Glass Reinforced Plastic kerb tops for Slot Channels, Curved with radius of 36.5m / 38.00 m with Screw Arrangement for fixing in the Channel and extended edge on one side ACO( cat Nos 00362) or equivalent.	230	Mtr		
21	Providing and fixing Sump Unit for slotted channel manufactured from polyester resin concrete in 500mm length units, straight, complaint with DIN 18035-3 and IAAF regulations, straight, coatable from both sides with abutment rail and with outlet DN 100/DN150 with bucket. Overall height = 48.3cm, Overall width = 16.5cm, Weight = 18.7Kg ACO (cat Nos 00604) or equivalent.	27	Each		
22	Providing and fixing Slot cover for sump unit, one side coatable with abutment rail, made from polyester concrete, with locking. Overall height = 5.3cm, Overall width = 16.00cm, Weight = 7.3Kg ACO (cat Nos 15523) or equivalent.	27	Each		
23	UPVC pipe DN 150 for the sump unit ACO( cat Nos 02615) or equivalent.	27	Each		
	<b>ACO DRAIN FOR VOLLEYBALL/TENNIS/BASKETBALL</b>				
24	<b>Polymer concrete channels drain for various Sports court,</b> Supply of K- 100, Type K1-45, of ACO Polymer concrete channels with Galv. Steel Edge Rail and confirming to Euro norms - EN -1422 of size in MM 1000MM x 130MM x200 (LxBxH ) , V-shaped profile, tounge and groove jointing K1 -45 1 Meter Slope From 105MM to 200MM with the ACO Composite Polypropylene 0.5 Meter Boltless Locking Gratings on top of Channel and 2 End Cap with End of Channel Polymer concrete channels drain for various Sports court,	120	Mtr		

Sr. No	Description	Quantity	Unit	Rate	Amount
	<b>ACO DRAIN FOR FOOTBALL</b>				
25	Football - Supply of K- 100, Type K1-45, of ACO Polymer concrete channels with Galv. Steel Edge Rail and confirming to Euro norms - EN -1422 of size in MM 1000MM x 130MM x200 (LxBxH ) ,V-shaped profile, tongue and groove jointing K1 -45 1 Meter Slope From 105MM to 200MM with the ACO Composite Polypropylene 0.5 Meter Boltless Locking Gratings on Top of Channel and 2 End Cap with End of Channel Polymer concrete channels drain for Hockey / Football	215	Mtr		
26	Providing and fixing <b>Goal Post with as per FIFA specifications</b>	1	Pair		
27	Supply and installation of <b>height adjustable MS powder coated 70 mm dia Volleyball post</b> with internal winding and volleyball net including sleeves	1	Pair		
28	Supply & installation of <b>Cast aluminium alloy with green / Black powder coated finish Tennis post</b> including post caps, gear housings, flush mounted ,removable handle, jam-free cable tensioning hardware system & superior hardened gears case and ground sleeves, and 42' long Tennis Net consist of 3mm High Tensile Braided Twine and black/white PVC Banding 2 1/2" on net Side & Bottom Headline Cable - 6mm PVC Coated Steel Cable. With Loop & Pin Finish etc complete as per the direction of Engineer	1	Pair		
29	Providing fixing <b>Basketball outdoor posts as per FIBA specifications</b> with 3.2 mtr. umbrella projection with 150 mm square mild steel pipe powder coated of approved make with front side safety padding of 5.5" thick foam blue colour and 23 mm transparent outdoor acrylic board 180x105x 25 mm of approved make with international standard double die frame aluminium anodized/steel powder coated with built in brackets for mounting including dunking rim solid 20mm thick with three spring mechanism box packing of approved make with nets of regulation size 45 cm, cup shape of heavy duty nylon silky mix white coloured cord. (The cost of earthwork, concrete, labour for installation of the posts to be included in the rate).		Pair		
	<b>INDOOR MULTIPURPOSE SPORTS HALL</b>				
30	Supply and installation of MFMA approved maple wood sports flooring approved by FIBA/BWF/IHF/WSF Hard maple flooring: MFMA approved Hard Maple wood Flooring 20mm thick each individual strip of Hard Maple shall include the engraving of the MFMA Maple Flooring Manufacturers Association and manufacturing mill certification number. Minimum width of Hard Maple boards is 57mm and of random length varying from 230mm to 1800mm jointed together with the help of tongue and groove on all four sides of all boards. Substructure of Maple wood shall consist of Softwood batten. Substructure of maple wood flooring shall consist of sleeper of Spruce or Pine having 63mm wide and cross section of 38 mm and laid perpendicular to the main flooring planks at a spacing 305mm centre to centre including 12 mm thick rubber shock pads at 305mm centre to centre spacing and polyethylene membrane installed over the concrete base beneath the flooring system as a vapour barrier between the concrete and wood floor. Vapour Barrier.20mm polyethylene membrane installed over the concrete base beneath the flooring system as a vapor barrier between the concrete and wood floor. Gym Finish: Machine sanding two coats of oil modified Poly urethane Gym sealer and one coat of oil modified Poly urethane Gym sports finish in accordance with manufacturer specification and Game line marking in accordance with manufacturers specifications and project drawings etc complete to the entire satisfaction of Engineer-in-charge.	283	Sqm		
31	BADMINTON POST :- Stylish Design, Made from 40X40 mm steel square tube with 60kg. of ballast weight. Roller wheels are provided to facilitate easy transport and storage. This is designed for strength and stability, to support heavy net. with a large base maintain the stability.	3	Pair		

Sr. No	Description	Quantity	Unit	Rate	Amount
	<b>Table Tennis, chess, Gym, Karate Sports flooring</b>				
32	<p>Supply and installation of 6 mm thick RECREATION-60 synthetic sports surface it consist of 100% pure vinyl wear layer of 1.5 mm thickness, upper surface treated with protecsol to reduce Skin burn and saNosol treatment to avoid fungal growth.</p> <p>Double fiber glass grid for sound stability on floor.</p> <p>Width of sheet is 1.5mts, joined with seamless hot welding.</p> <p>Laid with adhesive as per manufacturer's instruction over existing leveled surface including game lines marking with following specification.</p> <p>Technical Specification:-</p> <p>Shock absorption under EN 14808 standard not less than 25%</p> <p>Ball bounce under EN 12235 standards not less than 90%</p> <p>Abrasion resistance under EN ISO5470-1 &lt; 350mg.</p> <p>Approved by :- FIBA (Federation International Basketball Association) . WBF (World Badminton Federation) . (International Handball Federation)IHF (International table tennis federation )ITTF (Federation of international volleyball)FIVB</p>	664	Sqm		
33	<p><b>Rollable surface for badminton court</b></p> <p>Supply of 6 mm thick RECREATION-60 synthetic sports surface it consist of 100% pure vinyl wear layer of 1.5 mm thickness, upper surface treated with protecsol to reduce Skin burn and saNosol treatment to avoid fungal growth.</p> <p>Double fiber glass grid for sound stability on floor.</p> <p>Width of sheet is 1.5mts, joined with seamless hot welding.</p> <p>Laid with double marking tape as per manufacturer's instruction over existing leveled surface including game lines marking with following specification.</p> <p>Technical Specification:-</p> <p>Shock absorption under EN 14808 standard not less than 25%</p> <p>Ball bounce under EN 12235 standards not less than 90%</p> <p>Abrasion resistance under EN ISO5470-1 &lt; 350mg.</p> <p>Approved by :- FIBA (Federation International Basketball Association) . WBF (World Badminton Federation) . (International Handball Federation)IHF (International table tennis federation )ITTF (Federation of international volleyball)FIVB</p>	283	Sqm		
	<b>Gymnasium Equipments</b>				
	Supply and Installation of following Gym Equipments as per International Standards and as directed by Engineer-In-Charge.				
34	<p><b>Chest Press</b></p> <p>Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity.</p> <p>Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl.</p> <p>Hardware: Hardware used are Button Head Bolts and made up of high tensile steel.</p> <p>Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps.</p> <p>Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.</p>	2	Nos		

Sr. No	Description	Quantity	Unit	Rate	Amount
35	Shoulder Press	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				
36	Lateral Raise	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				
37	Seated Row	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				

Sr. No	Description	Quantity	Unit	Rate	Amount
38	Preacher Curl	1	Nos		
	<p>Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.</p>				

Sr. No	Description	Quantity	Unit	Rate	Amount
39	Seated Tricep	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				
40	Multi Hip	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				
41	Abdominal Crunch	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				



Sr. No	Description	Quantity	Unit	Rate	Amount
42	Lat Pull Down	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				
43	Leg Extension and Leg Curl Combo	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				
44	45 Degree Leg Press with Hack Squat	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				

Sr. No	Description	Quantity	Unit	Rate	Amount
45	Abductor Adductor Combo	1	Nos		
	<p>Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.</p>				

Sr. No	Description	Quantity	Unit	Rate	Amount
46	Pec Fly with Rear Delt	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				
47	Smith Machine	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				
48	Assisted Chin Dip	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				

Sr. No	Description	Quantity	Unit	Rate	Amount
49	Cross Over Cable	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Weight Stack: M.S Weight Stack; having 7.5 Kg each plate weight fitted with 2 Nylon bushes to avoid noiseless operations. Guides: Stainless Steel Guide Rods of 25mm thick is used. Bearings: Lubricated High grade 'ZZ' Steel Ball Bearing. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cables: 6mm Nylon Air Craft Cables are used. Pulley: Pulleys made up of high quality Nylon with deep grooved to support cable and Double 'ZZ' bearing with M10 pin ensures superior strength and longevity. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Handgrips: Hand grips is used on handles wherever necessary made up of high quality rubber. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.				
50	Olympic Bench Press Bench	2	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Foot Pad: High quality rubber foot pad.				
51	Olympic Incline Bench	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Foot Pad: High quality rubber foot pad.				
52	Olympic Decline Bench	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Foot Pad: High quality rubber foot pad.				

Sr. No	Description	Quantity	Unit	Rate	Amount
53	Multi Adjustable Bench	2	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Foot Pad: High quality rubber foot pad.				
54	Flat Bench	1	Nos		
	Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Foot Pad: High quality rubber foot pad.				

Sr. No	Description	Quantity	Unit	Rate	Amount
55	Vertical Knee Raiser Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Foot Pad: High quality rubber foot pad.	1	Nos		
56	Dumbbells Rack 2 Tier Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. High Quality Rubber Grips should be used. Closing Caps: All open ends are covered with Nylon/PP closing caps. Foot Pad: High quality rubber foot pad.	2	Nos		
57	Weight plate Rack Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Foot Pad: High quality rubber foot pad.	2	Nos		
58	Bar Bell Rack Structure and Frames: Structural frames are fabricated from 100 x 50 x 2.5mm thick square steel tubing. Heavy metal bending design is used to ensure superior strength and to eliminate joint failure. Selector Pins: Magnetic Selector pins; made up of high quality steel 10mm with spring wire mechanism and Nylon knob. Cushion/Padding: Seats cushion and pads are made up of 2" high density foam and 18mm marine plywood is used for greater life and finally covered with heavy vinyl. Hardware: Hardware used are Button Head Bolts and made up of high tensile steel. Powder Coating: All components are chemically treated to seal exterior and interior surfaces against corrosion. The components are electro statically powder coated at minimum 60-70-micron thickness to make it resistant to scratch, corrosion and humidity. Closing Caps: All open ends are covered with Nylon/PP closing caps. Foot Pad: High quality rubber foot pad. Digital Repetition Counter for each exercise/workout sets.	1	Nos		
59	Barbell Bars 28mm/50mm Mild Steel Chrome Plated Barbell Bar (2.5' to 10'ft)	50	R.ft		
60	Imported Hexagon Rubberised Dumbbells DUMBBELLS: Imported Hexagon Rubberized Dumbbells	350	Kg.		
61	Rubberised Weightplate WEIGHT PLATES: Imported Rubberized Weight plate	350	Kg.		

Sr. No	Description	Quantity	Unit	Rate	Amount
62	Treadmill Spacious Running Surface Belt Size- 22" W x 62" L (56cm W x 157.5cm L) Drive Motor3.5 HP Continuous Duty. AC Belt Type Multi-ply polyester belt with PVC non-slip surface Incline Motor1000 lbs. (453.6 kg) thrustRollers3.0" (7.5cm) crown rollers keep belt centered. Speed0.5 - 12 MPH (0.8 - 20 KPH)Incline0 - 15%Deck Suspension for Independent Compression ShocksDeck1" (2.54cm) melamine laminated reversible deck medium-density fiber board. Dimensions80.5" L x 33.25" W x 61" H (204.5cm L x 84.4cm W x 154.9cm H) FullStep-Up Height8" (20cm)Max. User Weight400 lbs. (181.4 kg)Net Weight368 lbs. (167 kg)Gross Weight390 lbs. (176.9 kg). Display AreaLarge 6.5" backlit multi-color LCD screen with scrolling alphanumeric messaging. Three additional LED displays with readouts for time, speed, and incline. Programs- name, date and time, workout time, calories, step count, distance, heart rate, speed, incline and pacePrograms2 heart rate programs, 2 customized user programs and 17 preset programs (5 weight management, 5 healthy living, 7 sports training).	4	Nos		
63	Elliptical Cross Trainer The machine is compatible with Android* and iOS* operating system thanks to the compatible with Android* and iOS* operating system thanks to the integrated Bluetooth technology. i.Concept technology allows a personalized and 100% motivational training, with specific training Apps for fitness machines like for example BH by Kinomap, Run on Earth, Webathletics, FitConsole or Pedal Monitor.. Also you can surf the internet, reading your email, updating your social networks, watching videos or tv, etc. while training.	2	Nos		
64	Spine Bike Length: 104cm / 41" Width: 64cm / 25" Height: 119cm / 47" Weight: 46Kg / 101 lbs. Recommended maximum user weight: 105Kg / 232 lbs. Flywheel weight: 18Kg / 40 lbs	4	Nos		
65	Recumbent Bike Drive Technology : Genesis III generator system Power Req. : 220 V / self –powered.Dimensions (L X W X H) : 153 X 66 X 133cm Drive System : Electromagnetic Brake System. Maintenance Poly-V Belt.Resistance Levels : 20 Levels Seat Adjustment : 34cm/13" Unit Weight : 68kg/150lbs Max User Weight : 185kg/408lbs Console Display Screen : Red dot-matrix LED monitor. Data Readout : RPM, Speed, Time, Level, Distance, WATT, Strides, Strides/min , Calories, Pulse, Level, Program. Programs : 8 pre-set programs	2	Nos		
66	<b>Gym Matting 2ftx2ftx16mm</b> Gym Matting made up of EVA with JSR Technology and interlocking system Dimensioning 2ftx2ftx10mm.	743	Sq.ft		
67	Mirror Mirror for gymnasium with aluminum fixation on all four side (2'x4' to 8'x 8')	37	Sq.ft		
68	Swiss Ball Gym ball for back exercises and posture correction With Inflatable pump included in the package. To be used for abdominal exercise and other aerobic exercises Anti-burst gym ball. (Size 65cm, 75cm and 85cm)	4	Nos		

Sr. No	Description	Quantity	Unit	Rate	Amount
69	Aerobic Step	6	Nos		
	Made of PP material. Non-slip surface on platform that supports up to 300kg.Support blocks 5cm when placed in position. Dimension: 1. 67.5L x 28.5W x 10.5H cm. 2. 90.5L x 32.5W x 15H cm. 3. 80L x 30W x 10.5H cm.				
70	Yoga Mat	24	Nos		
	Thickness: 10mm Color: Blue or any Non-slip surface Very soft material for extra comfort Dimensions: 180 x 60 x 1cm Makes exercises and yoga more comfortable and easy.				
71	Locker	2	Nos		
	Lockers made by M.S. CR Sheet of 18gauge, complete locker cabinet dimensioning 6ft X 6ft, each locker of size 1ft X 1ft X 20"inch depth. 20-shelf in each cabinet				
<b>TOTAL AMOUNT</b>					